



MODEL ME KIDS[®]

SOCIAL SKILLS CURRICULUM

Model Me Going Places[™]

- Doctor
- Mall
- Birthday Party
- Hairdresser
- Dentist 1
- Dentist 2
- Grocery Store
- Transportation
- Library
- Playground
- Restaurant
- School

Model Me Faces & Emotions[™]

- Happy
- Sad
- Afraid
- Tired
- Angry
- Excited
- Surprised
- Bored
- Calm
- Proud
- Love
- Shy

Time for School[™]

- Say Hello
- Listen to the Teacher
- Share
- Take Turns
- Hands to Myself
- Say Sorry
- Sit Quietly
- Raise My Hand
- Library
- Show Interest
- Self-Calming
- Playground

Model Me Airplane[™]

- Getting Ready
- Airport
- Security 1,2,3
- At the Gate
- Boarding
- Flying
- Landing
- Baggage Claim

Time for a Playdate[™]

- Greet Friend
- Share
- Guest Chooses
- Stay with Friend
- Losing is OK
- Talk on Topic
- Answer
- Play His Way
- Eye Contact
- Clean Up
- Say Goodbye

I Can Do It[™]

- Transitions
- Wait
- Do What is Asked
- Friend Says No
- Losing
- Teamwork
- Try Something New
- Criticism
- Birthday Party Greeting
- Birthday Party Join In
- Birthday Party Goodbye



MODEL ME KIDS[®]

SOCIAL SKILLS CURRICULUM

Model Me Interactive[™]

- Greeting
- Starting Conversation
- Requesting
- Who Questions
- Where Questions
- What Questions
- Why Questions
- Showing Interest
- Answering
- Inviting
- Conversation Starters
- Apologizing
- Thanking
- Reciprocal Conversation
- Compromise

Model Me Yoga[™]

- Breathing
- Movement
- Strength
- Partner Yoga
- Chair Yoga
- Meditation

Model Me Friendship[™]

- Greeting
- Clubs
- Empathy
- Interests
- Team Sports
- Rejection
- Include Others
- Invite
- Show Interest
- Compromise
- Maintain Friendship
- Body Language

Model Me Conversation Cues[™]

- When Start Conversation
- Interested
- Not Interested
- How to Start Conversation
- Bored
- Take Turns
- Maintain Conversation
- Talk on Topic
- Disbelief
- Confused
- My Cues
- End Conversation

Model Me Tips & Tricks[™]

- Voice Modulation
- Blurting
- Tact
- Personal Space
- Grooming & Hygiene
- Deep Breathing
- Forgive
- Asking for Help
- Sense of Humor
- Perspective
- Being Wrong
- Flexibility

PBIS Curriculum

- Classroom
- Hall
- Cafeteria
- Restroom
- Playground



MODEL ME KIDS[®]

SOCIAL SKILLS CURRICULUM

Model Me Breathwork[™]

- Self-Awareness
- Self-Calming
- Clairty of Mind
- Stress Relief
- Cultivating Energy
- Reducing Reactivity
- Increasing Stamina
- Handling Anxiety

MM Success at School[™]

- Arrival
- Greeting
- Enter Classroom
- Changes
- Shift Attention
- Reciprocal Conversation
- Join Conversation
- Participate
- Ask Questions
- Listen to the Teacher
- Lunchtime
- Make Plans
- Disappointment
- Raise My Hand
- Flexibility
- Empathy
- Told No

MM Organization/Motivation[™]

- Do My Best
- Planning Ahead
- Being on time
- Note-Taking
- Organization
- Persistence
- Break it Down
- Flexibility
- Focus
- The Big Picture
- Memorization
- Mistakes

MM Confidence & Bullying[™]

- Self-Advocacy
- Peer Pressure
- Choosing Friends
- Building Strengths
- Visualization
- Positive Self-Talk
- Scripting
- Stay with Others
- Telling Isn't Tattling
- Walk Tall
- Group Discussion

Model Me Movement[™]

- Superman Roll
- Windmills
- Ball Bridge
- Ball Crunches
- Leg Lifts
- Steam Roll
- Back Bridge
- Vibrations
- forearm Plank
- Brushing
- Bean Bag Toss
- Jump & Lift

Free Downloads

- Job Interview Software
- Going Places App
- Emotions App
- PBIS App
- Data Tracker
- Teacher's Guide
- Student Workbook



MODEL ME KIDS[®]

SOCIAL SKILLS CURRICULUM

Conversation Library[™]

- Active Listening
- Include
- Body Language
- Disagreement
- Stress
- Icebreakers: Pets
- Personal Space
- Balance
- Share
- Common Interest
- Self-Regulation
- Compliment: Art

Model Me Training[™]- PD 1

- Social Interaction
- Challenges
- Social Theories
- Learning Styles
- Types of Video Modeling
- Uses of Video Modeling
- Getting Started
- Group Instruction
- Evidence-Based Practices
- Pairing with Other Strategies
- Preparation

Conversation Library[™]

- Listen
- Invite
- Empathy
- Hobbies
- Pace
- Theory of Mind
- No Interrupting
- Embarrassment
- Reciprocal
- Confide
- Icebreakers: Weekend

Model Me Training[™]- PD 2

- Approach
- Selecting Lessons
- Preparation
- Reinforcement
- Attending
- Behavior
- Modifications
- Repetitions
- Transitions
- Generalization
- Teens

Model Me Job Skills[™]

- Interview
- Greetings
- Dress
- Focus
- Mistakes
- Excel
- Customers
- Rules
- On Time
- Persistence
- Preparation
- Ask Questions
- Directions
- Stress
- Responsive

Model Me Tracker[™]

- Progress Tracking
- Data Sharing
- Student Privacy