



At-Home Guide [®]

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Social Skills At Home

Purpose of This Guide:

Your child has been learning social skills through the Model Me Kids® video modeling program. This take-home worksheet is designed to help reinforce those skills in real-life settings. By practicing together, you can support your child's confidence and ability to apply these important social behaviors in everyday interactions.

Thank you for supporting your child's social skills development. Your involvement makes a big difference!

Social Skills Lesson Topic: _____

Name of Student: _____

1. REVIEW

Ask your child to describe the video they watched. Use questions like:

- What happened in the video?
- Who was involved?
- How did the people show the skill?
- Why is this skill important?

2. PRACTICE

- Demonstrate the skill yourself or use toys/props for role-playing.
- Encourage your child to practice with you or a family member.
- Provide specific praise and guidance.
Example: "Great job answering your friend."

3. NOTES

Write down what your child remembers about the video:

4. REAL LIFE

- Plan a real-world opportunity for your child to use the skill (e.g., greeting a neighbor, asking a sibling for a turn).
- Set them up for success by explaining the situation beforehand and giving reminders if needed.

5. REFLECTION

- After practicing, talk with your child about how it went. Ask:
- How did you feel using the skill?
- What was easy or hard?
- How can we use this skill more in everyday life?
