



## Social Skills Modeling Group

Therapy Services offers a [social skills group](#) based on the Model Me Kids® video-modeling program and Social Thinking® curriculum. Model Me Kids supports social skills training for children with autism, Asperger syndrome, pervasive developmental disorder not otherwise specified, nonverbal learning disorder, and other developmental delays. Goals of the approach include helping children learn to relate to others, work effectively as part of a team, and learn effectively as part of a group. Social Thinking is a language-based approach best used by those ages 4 years to adult with solid language and intelligence abilities.

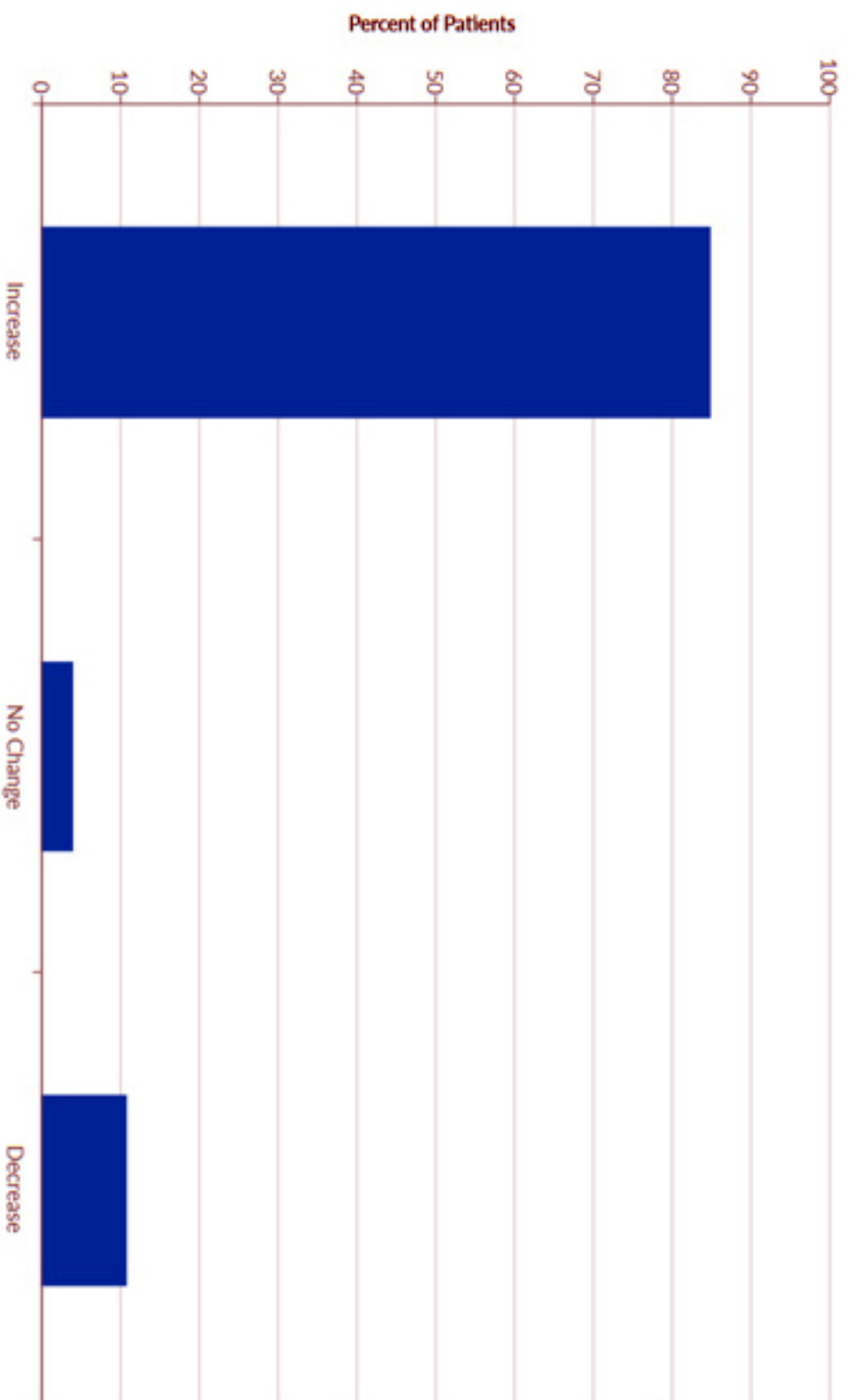
The 12-week social skills group teaches specific skills individualized to each child. In 2017, 6 groups were conducted at 2 sites, doubling the number offered at one site in 2016. Pre- and post-program assessments were obtained using the Home & Community Social Behavior Scales (HCSBS), a 64-item behavior rating scale designed for evaluating social competence and antisocial behavior in children and youth aged 5–18 years. This instrument was used to monitor and measure behavioral change and responsiveness during the course of the group.

The graphs below represent rates of improvement in social competence and of decreased antisocial behavior achieved by social skills group participants in 2016–2017.

Source:  
Cleveland Clinic  
[clevelandclinic.org](http://clevelandclinic.org)

## Social Competence (N = 27)

2016 - 2017



## Antisocial Behavior (N = 27)

2016 - 2017

