

Calm

Look at her
She is calm
Building with blocks
Her mouth relaxed
Eyes on what she's doing
Hush, hush
Calm

Look at them
They are calm
Eating a snack
Eyes on what they're doing
Hush, hush
Calm

Look at them
They are calm
Playing with toys
Eyes on what they're doing
Hush, hush
Calm

Proud

Drawing a picture
I color carefully
Watch! I show my friend
Big smile, sparkling eyes
Proud of what I've done
Proud

Building train tracks
I work with my friend
Watch! We did it!
Big smile, high five
Proud of what we've done
Proud

Shooting baskets
The ball goes in the hoop
Proud of what I've done
Proud

Love

Love in my heart
A smile on my face
When I hug my mommy
I feel love
Love

Love in my heart
A smile on my face
When I hug my sisters
I feel love

Love in my heart
A smile on my face
When I hug my dog
I feel love
Love

Love in my heart
A smile on my face
When mommy kisses me
I feel love
Love

Shy

Looking down
Holding a teacher's hand
I feel shy
Shy

Watch my face
I feel shy

Looking down
Holding mommy's hand
I feel shy
Shy



Model Me Faces and Emotions™

Song Lyrics

Happy

I'm happy
See a smile on my face
See my eyes twinkle, too
I'm happy when I'm playing outside
Because it makes me feel good

I'm happy
See a smile on my face
See my eyes twinkle, too
I'm happy when I'm picking flowers
Because it makes me feel good
Happy

I smile when I swing
Because it makes me feel good
Happy

I'm happy
See a smile on my face
See my eyes twinkle, too
I'm happy when I'm playing games
Because it makes me feel good
Happy

Sad

Sometimes a boy feels sad
There's a frown on his face
His eyes look at his toes
And he might even cry
He fell and got hurt
See his face
He feels sad
Sad

Sometimes a girl feels sad
See a frown on her face
Her eyes look at her toes
She might cry
Because her blocks got
knocked down
Sad

Sometimes a boy feels sad
There's a frown on his face
His popsicle broke
He might cry
He feels sad
Sad



Afraid

When I feel afraid
My eyes get really wide
My mouth makes an O
Or I bite my lip
I wish that I could hide
I'm afraid when I'm in the dark
Look at my face
Afraid

When I feel afraid
My eyes get really wide
My mouth makes an O
Or I bite my lip
I wish that I could hide
I'm afraid when I watch a
scary movie
Look at my face
Afraid

When I feel afraid
My eyes get really wide
My mouth makes an O
Or I bite my lip
I wish that I could hide
I'm afraid when a dog barks
at me
Look at my face
Afraid

Tired

Running, running, running
I'm tired after I run
Now I sit and rest
After all that fun
I breathe so hard
And squint my eyes
Now I'm ready to run again
Tired

Sleeping, sleeping, sleeping
I'm tired when I first wake up
I rub my eyes
They're still half shut

I stretch my arms
And yawn out loud
Now I'm ready to get up
Tired

Playing, playing, playing
I'm tired after I play
I take a rest
And catch my breath
Open my mouth
Breathe deeply in
Now I'm ready to play again
Tired

Angry

Angry is an emotion
That we all feel sometimes
His friend takes his toy
He feels angry
Lips pinched tight
Nostrils flared
A hard stare
That's what angry looks like
Angry

Angry is an emotion
That we all feel sometimes
Her friend won't share
She feels angry
Lips pinched tight
Nostrils flared
A hard stare
That's what angry
looks like
Angry

Excited

See her eyes light up and
open wide
See the smile on her face
When she gets a present
She feels excited
This is how excited looks
Excited

See his eyes light up and
open wide
See the smile on his face
When he gets a toy
He feels excited
This is how excited looks
Excited

When he's on the swing
He feels excited
This is how excited looks
Excited

See his eyes light up and
open wide
See the smile on his face
When he sees a friend
He feels excited
This is how excited looks
Excited

Surprised

Can you guess what's coming
You might be surprised
When Brayton sees the ball
He didn't know was there
His mouth makes an O,
eyebrows go up
And his eyes are in a wide stare
He is surprised
His face shows how he feels
Surprised

Can you guess what's coming
You might be surprised
When Andrew sees the lollipop
He didn't know was there
His mouth makes an O, his
eyebrows go up
And his eyes are in a wide stare
He is surprised
His face shows how he feels
Surprised

Bored

I'm feeling bored
I don't have anything to do
Looking out the window
My chin is in my hands
My eyes look away
My face says "I'm bored"
Bored

Waiting outside
My mouth makes a frown
My eyes look away
My face says "I'm bored"
Bored

Sitting on the floor
My head is hanging down
My eyes look away
My face says "I'm bored"
Bored

