# **Videos for Modeling Social Skills**









# Social Skills Curriculum

Using Evidence-Based Video
Modeling to Make Ideas and
Concepts Understandable
to Students with Special
Needs and Autism

Videos Available as HD Digital Downloads

www.modelmekids.com





Model Me Going Places™ showcases a variety of community locations, allowing students to model social skills in real world settings. The video is narrated with songs by Music Therapist Rachel Rambach, MM, MT-BC. Digital Download

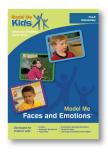
#### **Topics Include:**

- Doctor
- Mall
- Birthday Party
- Hairdresser
- Dentist
- Grocery Store
- Transportation
- Library
- Playground
- Restaurant
- School

### Model Me Faces & Emotions™

Pre-K **Elementary** 

Model Me Faces & Emotions™ illustrates emotions in a range of situations using video and songs by Music Therapist Rachel Rambach, MM, MT-BC. Students learn to understand their different emotions and those of others. Digital Download





#### **Topics Include:**

- Happy
- Sad
- Afraid
- Tired
- Angry
- Excited

- Surprised
- Bored
- Calm
- Proud
- Love
- Shy

### Model Me Airplane™

Pre-K **Elementary** Middle School



Model Me Airplane™ prepares students for travel with a video that models the practical steps of walking through an airport, going through security, and flying on an airplane. Digital Download

- Getting Ready
- Getting There
- The Airport
- Security
- Waiting Boarding
- Taking Off
- Flying
- Landing
- Arrival
- Baggage Claim

### Time for School™

*Time for School*™ provides students a safe environment to learn expected behavior in the classroom, the library, the playground, and the hallway. Digital Download

#### **Topics Include:**

- Say Hello
- Listen to the Teacher
- Share
- Say Sorry
- Hands to Myself
- Show Interest

- Sit Quietly
- Raise My Hand
- Library Behavior
- Playground Behavior
- Take Turns
- Self-Calming



### Elementary Middle School

### Time for a Playdate™

Time for a Playdate<sup>™</sup> models children interacting during playdates using social skills outside the classroom in play activities with peers. Digital Download

#### **Topics Include:**

- Greet Friend
- Share
- Guest Chooses
- Stay with Friend
- Losing is OK
- · Talk on Topic

- Answer
- Take Turns
- Play His Way
- Eve Contact
- Clean Up
- Say Goodbye



### **Elementary Middle School**

### I Can Do It!™

*I Can Do It!*™ teaches social skills by showing elementary school-aged children navigating various challenging social situations. Digital Download

- Transitions
- Wait
- Do What is Asked
- Friend Says No
- Losing
- Teamwork

- Try Something New
- Criticism
- Birthday Party
  - Greeting
  - Join In
  - Goodbye



### Model Me Interactive<sup>™ S Software</sup> Windows®

Model Me Interactive™: Practicing Conversation is a software tool that combines video modeling teaching tools with a webcam so students can rehearse conversations before interacting with peers and adults. Digital Download



#### **Conversation Categories:**

- Greeting
- Starting
   Conversation
- Requesting
- Who QuestionsWhere
- Questions

- What Questions
- Why Questions
- Showing Interest
- Conversation Starters
- Apologizing

- Thanking
- Reciprocal
- Compromise
- Answering
- Inviting

### Model Me Yoga™

**Elementary** Middle & High School



The *Model Me Yoga™* video leads children through yoga sequences for breath, movement, and self-awareness to enhance social emotional learning. Digital Download

#### **Topics Include:**

- Flexibility
- Strength
- Chair Yoga
- Partner Yoga
- Breathwork
- Meditation

### Model Me Conversation Cues<sup>™</sup>

Elementary Middle & High School

Model Me Conversation Cues™ presents middle and high school-aged children demonstrating how to read verbal and nonverbal social cues so that students can understand the nuances of communication in any environment.

Digital Download



- When To Start Conversation
- Cue: Interested
- Cue: Not Interested
- How to Start Conversation
- Cue: BoredTake Turns

- Maintain
   Conversation
- Talk on Topic
- Cue: Disbelief
- Cue: ConfusedMy Cues
  - End Conversation

### Model Me Friendship™

*Model Me Friendship*™ presents key social skills for developing and maintaining appropriate friendships. Digital Download

#### **Topics Include:**

- Say Hello
- Clubs
- Empathy
- Interests
- Team Sports
- Rejection

- Include Others
- Invite
- Show Interest
- Compromise
- Maintain Friendship
- Body Language



**Elementary Middle & High School** 

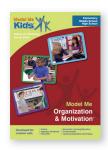
# Model Me Organization & Motivation™

Model Me Organization & Motivation™ models executive functioning skills that are the building blocks for academic and social success. Digital Download

#### **Topics Include:**

- Do My Best
- Planning Ahead
- · Being on Time
- Note-Taking
- Organization
- Persistence

- Break It Down
- Flexibility
- Focus
- The Big Picture
- Memorization
- Mistakes



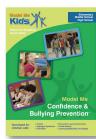
**Elementary** Middle & High School

### Model Me Confidence & Bullying Prevention™

Model Me Confidence & Bullying Prevention™ is a teaching tool for preventing bullying and building self-esteem at school and beyond. Digital Download

- Self-Advocacy
- Peer Pressure
- Choosing Friends
- Building Strengths
- Visualization
- Positive Self-Talk

- Scripting
- Stay With Others
- Telling Isn't Tattling
- Walk Tall
- Group Discussion





The *Model Me Tips & Tricks*™ video is designed to help children and adolescents navigate social challenges in different environments. Digital Download

#### **Topics Include:**

- Voice Modulation
- Blurting
- Tact
- Personal Space
- Grooming & Hygiene
- Deep Breathing

- Forgive
- Asking for Help
- Sense of Humor
- Perspective
- Being Wrong
- Flexibility

### Model Me Movement™

**Elementary** Middle & High School

Model Me Movement<sup>™</sup> is an interactive series of activities developed by an Occupational Therapist to improve balance, increase core strength, and promote self-calming. Digital Download



#### **Topics Include:**

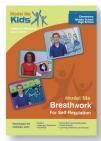
- Windmills
- Ball Bridge
- Rainbow Legs
- Bean Bag Toss
- Ball Crunches
- Forearm Crunches
- Jump and Lift

- Ball Pass
- Back Bridge
- Ball Toss
- Lea Lifts
- Sit on Ball
- Superman Roll
- Forearm Plank

### Model Me Breathwork™

Elementary Middle & High School

*Model Me Breathwork*™ teaches breathing techniques that help reduce anxiety, enhance focus, and promote emotional-self-regulation. Digital Download



- Duck Breath
- Calming Breath
- Box Breath
- Make a Wish Breath
- Popcorn Breath
- Stop Drop & Roll Breath
- Ladder Breath
- Lion's Breath
- Bumblebee Breath
- Nodding Breath
- Bagel Breath
- Rainbow Breath

### Model Me Success at School™

Model Me Success at School™ allows students to practice key social skills for developing confidence to maximize academic potential in their educational setting. Digital Download

#### **Topics Include:**

- Arrival
- Greeting
- Enter Classroom
- Changes
- Shift Attention
- Reciprocal Conversation
- Join
   Conversation
- Participate
- Ask Questions
- Listen to the Teacher
- Lunchtime
- Make Plans
- Disappointment
- Raise My HandFlexibility
- Empathy
- Told No



High School Transition

### Model Me Job Skills™

Model Me Job Skills™ prepares individuals for interviewing, finding, and maintaining employment. Digital Download

#### **Topics Include:**

- Interview
- Greetings
- Dress
- Focus
- Mistakes
- Preparation
- Ask
  - Questions
- Directions
- Stress
- Responsive
- Excel

- Rules
- Customers
- On Time
- Persistence





**Professional** 

### Model Me Training™

Professional workshop on strategies for using video modeling for teaching social skills to children with Autism and other developmental disabilities. Digital Download

- Social Interaction
- Social Theories
- Learning Styles
- Types of Video Modeling
- Uses of Video Modeling
- Group Instruction
- Evidence-Based
- Practices
- Pairing With Other Strategies
- Reinforcement
- Generalization

- Repetition
- Transitions
- Behavior
- Peer
   Models
- Teens



#### **Additional Resources**



## **Teaching Manuals & Student Workbooks**

Teaching Manuals and Student Workbooks promote learning through adaptable lesson plans paired with visual exercises. These resources support skill acquisition in the classroom, at home, and in the community.



#### Learn

Model Me Kids® videos incorporate real peer models to teach social skills through structured segments that break down complex skills into more manageable parts.

1

#### **Master**

Students can learn at their own pace, pausing, rewinding, or replaying sections of the videos as needed.

2

### **Generalize**

Model Me Kids® videos showcase multiple scenarios and settings to promote teaching across different environments.

3



#### **Pricing**

