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Jennifer holds a B.A. in Psychology and a Master's degree in Special Education. Trained in Applied Behavior Analysis, she has incorporated those techniques as a classroom teacher of students with Autism in Northern New Jersey. Jennifer continues to apply those principles in her current work as an Educational Consultant with families working on in-home behavior strategies.



# The Art of Teaching





# Approach to Instruction

#### Before the lesson

- How can I best prepare myself and my surroundings to maximize instruction?

#### During the lesson

- What techniques can I utilize to maximize instruction?

#### After the lesson

- What strategies can I apply to ensure the child permanently acquires and independently maintains the skill?



## **Selecting Lessons**

- Consult with parents and related service providers to prioritize skills.
  - Ask for top three short-term and top three long-term social skills goals.
  - Hold a viewing session so parents and educators can see available lessons.



### **Selecting Lessons**

Develop a long-term plan... then be ready to adjust your sails!





## **Preparing Materials**

- Model Me Kids® materials include:
  - Video
  - CD photos
  - Student workbook
  - Teaching manual
  - Software
  - Apps



#### Reinforcement

- Selecting an item to earn is a way for that child to have control.
- Just because you think it's fun doesn't mean it's for him!
- Establish who is delivering reinforcement.
  - teacher, teaching assistant, child upon direction.



### Reinforcement

 Momentum! Present choices and immediately provide praise and token.





# **Attending**

- Location, location, location!
  - 1:1 at table, small group at desk, small group on floor, etc.
- Pause and reconnect
  - Sometimes interruption to your "flow" is worth it.
- Be clear with teaching assistants about grounds for prompting.



# **Attending**

- Ignore attention-seeking behaviors.
- Redirect off-task behaviors.
- Incorporate language from token board, behavior contract, or class rules.



### **Function of Behavior**

Clinical term	Translation
Self-stimulatory/sensory	"I like the way it feels!"
Attention seeking	"Look at me!"
Avoidance/escape	"I don't want to do it!"
Access to tangible/preferred item	"I want it!"

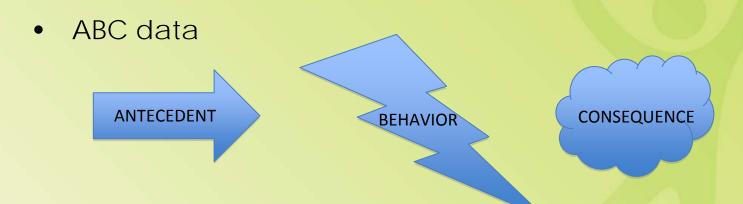
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Before the behavior...

### **Establishing Function of Behavior**

Anecdotal notes



Functional behavior assessment (FBA)



### **Attending**

Video modeling is a great tool to gain and maintain attention.





#### **Modifications**

 In order to make efficient modifications, you must know how the child sees the world.



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#### **Modifications**

 Modify language and your own visuals based on students' age and skill level.





#### **Modifications**

- Writing
  - Coordinate with Occupational Therapist.



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### Repetition

Repetition is key!



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#### **Transitions**

Transitioning to and from breaks.



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#### **Transitions**

- Timer
  - Creates predictability
  - Limits break time
  - Maintains a schedule



### What is Generalization?





### Generalization

Rehearse in a new setting.



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#### Generalization

- Keep visuals around the room.
- Review the lesson before known situation.
- Use the same materials at home and at school.
- Reinforcing demonstration of the skill in the natural setting is crucial to success.



### Generalization

 Train peer models, custodians, secretaries, and other school staff who interact with your students.



# **Training Peer Models**



### Generalization

 Train community members, mail carriers, librarians, business owners.

You have the power to share this information and create generalization opportunities!



## **Working with Teens**

- May be able to generalize in a shorter time.
- May work independently in workbooks.
- Postpone reinforcer.
- Reinforcer is age-appropriate.





### Patience... and Fun!

