Social Skills Training Tools

Designed For Children and Adolescents with Autism Spectrum Disorder and Developmental Delays

www.modelmekids.com
In *Model Me Going Places™*, children model behavior in a variety of community locations. The video is narrated with original songs by Music Therapist Rachel Rambach, MM, MT-BC.

*Model Me Faces & Emotions™* illustrates emotions in a range of situations using video and songs by Music Therapist Rachel Rambach, MM, MT-BC.

Prepare for travel with *Model Me Airplane™*, a video that models the steps of walking through an airport, going through security, and flying on an airplane.
Time for a Playdate™

Topics Include:
- Greet Friend
- Share
- Guest Chooses
- Stay with Friend
- Losing is OK
- Talk on Topic

The Time for a Playdate™ video models children interacting with peers during playdates.

Time for School™

Topics Include:
- Say Hello
- Listen to the Teacher
- Share
- Say Sorry
- Hands to Myself
- Show Interest
- Sit Quietly
- Raise My Hand
- Library Behavior
- Playground Behavior
- Take Turns
- Self-Calming

Time for School™ features elementary school-aged children in the classroom, in the library, on the playground, and in the hallway.

I Can Do It!™

Topics Include:
- Transitions
- Wait
- Do What is Asked
- Friend Says No
- Losing
- Teamwork
- Try Something New
- Criticism
- Birthday Party
  - Greeting
  - Join In
  - Goodbye
- Say Hello
- Listen to the Teacher
- Share
- Say Sorry
- Hands to Myself
- Show Interest

The I Can Do It!™ video shows elementary school-aged children navigating various challenging social situations.
Model Me Interactive™ • CD
Ages 7–13

**Conversation Categories:**
- Greeting
- Starting Conversation
- Requesting
- Who Questions
- Where Questions
- What Questions
- Why Questions
- Showing Interest
- Conversation Starters
- Thanking
- Reciprocal
- Compromise
- Answering
- Inviting

Be part of the action! *Model Me Interactive™*: Practicing Conversation is software that combines video modeling teaching tools with the interactive capability of a webcam.

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**Model Me Yoga™**
Ages 7–15

The *Model Me Yoga™* video leads children through yoga sequences for breath, movement, and self-awareness to enhance social emotional learning. Includes partner yoga and chair yoga poses.

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**Model Me Conversation Cues™**
Ages 9–17

**Topics Include:**
- When To Start Conversation
- Cue: Interested
- Cue: Not Interested
- How to Start Conversation
- Cue: Bored
- Take Turns
- Maintain Conversation
- Talk on Topic
- Cue: Disbelief
- Cue: Confused
- My Cues
- End Conversation

The *Model Me Conversation Cues™* video features middle and high school-aged children demonstrating how to read verbal and nonverbal social cues.
Model Me Friendship™

Topics Include:
- Say Hello
- Clubs
- Empathy
- Interests
- Team Sports
- Rejection
- Include Others
- Invite
- Show Interest
- Compromise
- Maintain Friendship
- Body Language

The *Model Me Friendship™* video presents key social skills for developing and maintaining friendship.

Model Me Tips & Tricks™

Topics Include:
- Voice Modulation
- Blurtling
- Tact
- Personal Space
- Grooming & Hygiene
- Deep Breathing
- Forgive
- Asking for Help
- Sense of Humor
- Perspective
- Being Wrong
- Flexibility

The *Model Me Tips & Tricks™* video is designed to help children and adolescents navigate social challenges.

Model Me Confidence & Bullying Prevention™

Topics Include:
- Self-Advocacy
- Peer Pressure
- Choosing Friends
- Building Strengths
- Visualization
- Positive Self-Talk
- Scripting
- Stay With Others
- Telling Isn’t Tattling
- Walk Tall
- Group Discussion

*Model Me Confidence & Bullying Prevention™* is a teaching tool for preventing bullying and building self-esteem.
**Model Me Organization & Motivation™**

Topics Include:

- Do My Best
- Planning Ahead
- Being on Time
- Note-Taking
- Organization
- Persistence
- Break It Down
- Flexibility
- Focus
- The Big Picture
- Memorization
- Mistakes

*Model Me Organization & Motivation™* models skills related to executive functioning.

**Model Me Movement™**

Topics Include:

- Windmills
- Ball Bridge
- Rainbow Legs
- Bean Bag Toss
- Ball Crunches
- Forearm Crunches
- Jump and Lift
- Ball Pass
- Back Bridge
- Ball Toss
- Leg Lifts
- Sit on Ball
- Superman Roll
- Forearm Plank

*Model Me Movement™* is a follow-along series of movement activities developed by an Occupational Therapist to improve balance, increase core strength, and promote self-calming.

**Model Me Job Skills™**

Topics Include:

- Interview
- Greetings
- Dress
- Focus
- Mistakes
- Preparation
- Ask Questions
- Directions
- Stress
- Responsive
- Excel
- Rules
- Customers
- On Time
- Persistence

*Model Me Job Skills™* highlights skills which are helpful for gaining and maintaining employment.
Teaching Manuals and Student Workbooks

Teaching Manuals and Student Workbooks provide extra resources to help teach social skills in a variety of settings including the classroom, a social skills group, and at home.

Includes:

- Lesson Plans
- Worksheets
- At-Home Activities
- Progress Charts

Additional Resources

Model Me Training™

Professional workshop on strategies for using video modeling for teaching social skills to children with Autism.

Topics Include:

- Social Interaction
- Social Theories
- Learning Styles
- Types of Video Modeling
- Uses of Video Modeling
- Group Instruction
- Evidence-Based Practices
- Pairing With Other Strategies
- Reinforcement
- Generalization
- Repetition
- Transitions
- Behavior
- Peer Models
- Teens

NEW RELEASE: MODEL ME BREATHWORK™

- For Self-Regulation
- Ages 7-17
# Price List

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<thead>
<tr>
<th>Product Description</th>
<th>Cost USD (plus s/h)*</th>
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<tbody>
<tr>
<td>Model Me Going Places™</td>
<td>$29.95</td>
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<tr>
<td>Model Me Faces &amp; Emotions™</td>
<td>$29.95</td>
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<td>Model Me Airplane™</td>
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<td>Time for School™</td>
<td>$34.95</td>
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<td>Time for a Playdate™</td>
<td>$34.95</td>
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<td>I Can Do It!™</td>
<td>$34.95</td>
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<tr>
<td>Model Me Interactive™: Practicing Conversation</td>
<td>$49.95</td>
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<td>Model Me Yoga™</td>
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**Teaching Manuals & Student Workbooks**

- 1 Teaching Manual/1 Student Workbook: $59.95
- 1 Teaching Manual/4 Student Workbooks: $79.95
- 5 Student Workbooks: $79.95

Student workbooks are non-reproducible.

Package discounts available. See the online shopping cart for details.

Costs do not include shipping/handling where applicable. Shipping/handling may be determined by adding items to the online shopping cart. Maryland State sales tax applies. If tax exempt, please provide tax exempt information. U.S. and Canada school purchase orders accepted. All prices and offers subject to change.